

LPCA Professional Disclosure Statement

Brooke LaChance, LPCA
Office: 704-612-4148
Fax: 704-464-4688
E-mail: brookelachance@ptgcounseling.com

My Qualifications

I graduated from the University of Texas at Tyler in December of 2017 where I received my Master's in Clinical Mental Health Counseling. I was certified as a National Certified Counselor (NCC) in February of 2018; certification number 1056221. I was then board certified as a Licensed Professional Counselor Associate (LPCA); license number A13995. I have 2 years of counseling experience through my graduate program where I was a counselor in a college counseling center then moved to an adult outpatient program through a private hospital.

Restricted Licensure

I am currently working on becoming a board certified LPCA which prohibits me practicing as a counselor without the guidance of a supervisor. I will report to a board approved supervisor, Andrea Miller. Andrea can be contacted at 704-640-8921 or by email at andrea@thestonecenterrnc.com.

Counseling Background

I have served clients in a college counseling center setting, which many of my clients dealt with depression, anxiety and stress management. I also was an intern at an adult outpatient private hospital servicing clients that struggled with schizophrenia, mood disorders, depression, and anxiety. I practice from a Narrative Therapy perspective. This theory allows me to implement techniques such as externalizing the problem, deconstructing the problem, and creating alternative story lines for the client. I also am competent to use person-centered techniques as well as techniques from Cognitive Behavioral Therapy.

Session Fees and Length of Service

Sessions will last one therapeutic hour (50 minutes) and one and a half hours for intake sessions. I accept Blue Cross/ Blue Shield insurance if diagnosis qualifies you for reimbursement. Clients may also choose to pay out of pocket using cash or check for \$150 per intake session, \$120 for individual therapy, and \$140 for couples sessions.

Use of Diagnosis

Mental health diagnoses are individualized for each client. Many insurance companies will reimburse clients for services I provide if they qualify for such diagnoses. If you are to qualify for a certain mental health diagnosis we will discuss what I believe to be the appropriate diagnosis and what that means before I am to submit it to your insurance company for possible reimbursement due to the fact that this diagnosis may become part of your permanent insurance records.

Confidentiality

During our sessions I may take notes that I will later transcribe into your client record. These records are open to you to see at any time. These records will stay confidential between you, me, and my supervisor. The only way these records will not stay confidential are in one of three instances; (1) you threaten to harm yourself, (2) you threaten to harm someone else including children or the elderly, (3) if I am court ordered to release the information.

Complaints

Although clients are encouraged to discuss any concerns with me, you may file a complaint against me with the organization below should you feel I am in violation of any of these codes of ethics. I abide by the ACA Code of Ethics (<http://www.counseling.org/Resources/aca-code-of-ethics.pdf>).

North Carolina Board of Licensed Professional Counselors
P.O. Box 77819
Greensboro, NC 27417
Phone: 844-622-3572 or 336-217-6007
Fax: 336-217-9450
E-mail: Complaints@ncblpc.org

Acceptance of Terms

We agree to these terms and will abide by these guidelines.

Client: _____ Date: _____

Counselor: _____ Date: _____